

4th International Youth Mental Health Conference 2017,  
 Clayton Hotel, Burlington Road, Dublin.  
 24th - 26th September 2017

# Sunday September 24th

8.30am - 10.00am	Registration (Tea & Coffee on arrival) Ground Floor – Hotel Foyer				
PRE CONFERENCE WORKSHOPS					
09:30-16:00	<b>WORKSHOP # 1</b> LANSDOWNE ROOM	<b>WORKSHOP # 2</b> MEETING ROOM 9	<b>WORKSHOP # 3</b> MEETING ROOM 6	<b>WORKSHOP # 4</b> MEETING ROOM 1/2	<b>WORKSHOP # 5</b> ULSTER SUITE
	Youth mental health services in 2025 and beyond: developing the scaffolding for services of the future  <b>Facilitators</b> Sarah Cullinan – IRL Liz Burgat – AUS	Arts and minds: using and adapting the creative arts to promote mental health and wellbeing  <b>Facilitators</b> Dr Nick Barnes - UK Janice Mahar - CAN Madge O'Callaghan - IRL	Doing research differently: young people driving the research agenda for the future  <b>Facilitators</b> Magenta Simmons – AUS Barbara Dooley – IRL Maryanne Davis – USA Rikki Battersby - AUS	Technology: how can we harness it to improve young people's wellbeing?  <b>Facilitators</b> Derek Chambers – IRL Sophie Potter - AUS	Building the right workforce to future-proof youth mental health services  <b>Facilitators</b> Swapna Verma – SIN Alex Parker – AUS
14:30-16:00	<b>Youth Gathering:</b> Catch up & Connect, Munster and Leinster Suites				
16:00-16:30	<b>Conference Chairperson's Briefing,</b> Munster and Leinster Suites				
17:00-19:00	<b>Welcome Reception</b> – [Delegates Only] Venue: Dining Hall, Trinity College Dublin				

TIME	WHAT'S ON						
7.30am-8.30am	Registration & Poster Set-Up, Ground Floor – Pre-function area						
08:30-09:15	Conference Opening Ceremony and Welcome, Pembroke and Herbert Rooms						
09:15-10:30	<b>PLENARY 1: MEGATRENDS IN YOUTH MENTAL HEALTH</b> Pembroke and Herbert rooms						
09:15-09:35	Youth Mental Health from a Megatrends Perspective <b>Francis Oko Armah - Curious Minds, Ghana.</b>						
09:35-09:55	Megatrends impacting upon the mental health and wellbeing of young people: how organisations and communities can shape future service developments. <b>Bruce Bolam</b>						
09:55-10:30	Megatrends and their global impact <b>Youth Panel Discussion</b> <b>Rikki Battersby, Tabby Besley and Ross Flanagan</b>						
10:30-11:00	<b>COFFEE BREAK</b>						
11:00-13:00	<b>CONCURRENT SESSIONS</b>						
	<b>CONCURRENT 1</b> <b>Pembroke Room</b> Oral <b>Social risks to mental health</b> Chair: Stephen Wood Co-Chair Sarah McIlwaine	<b>CONCURRENT 2</b> <b>Herbert Room</b> Oral <b>Mental health &amp; higher education</b> Chair: MaryAnn Davis Co-Chair Joshua Calarino	<b>CONCURRENT 3</b> <b>Lansdowne Room</b> Table Top 1 <b>Youth participation &amp; advocacy</b> Chair: Jo Fitzsimons		<b>CONCURRENT 4</b> <b>Ulster Suite</b> Oral <b>Gender, sexuality and identity</b> Chair: Derek Chambers Co-Chair: Chloe Berkovic	<b>CONCURRENT 5</b> <b>Meeting Room 1/2</b> Oral <b>Evolving technologies</b> Chair: Simon Davidson Co-Chair: Shayan Yazdanpanah	<b>CONCURRENT 6</b> <b>Meeting Room 6</b> Oral <b>Addressing emotional and behavioural issues: anxiety, depression and eating disorders</b> Chair: Jai Shah Co-Chair: Emma McCallum
	Migration, mental health and suicide attempts in European adolescents: effects of region of origin and migrant generation. Elaine McMahon, National Suicide Research Foundation, Ireland	Peer support courses for student mental health. Nicola Byrom, King's College London/Student Minds, UK.	<b>1.</b> A collaborative approach to youth mental health service development. Rick Fraser, Sussex Partnership NHS Foundation Trust, UK	Beyond the binary - exploring correlates of mental ill health in the non-binary transgender community. Lee Jollans, Transgender Equality Network Ireland	eheadspace: New approaches to measuring online service effectiveness. Gretel O'Loughlin, headspace, Australia	What is the moderating role of coping strategies in the relationship between perceived family support and depressive symptoms? Amanda Fitzgerald, University College Dublin, Ireland	

<p>Social support and cultural integration as modifiers of the impact of bullying on mental health amongst adolescents. Charlotte Gayer-Anderson, King's College London, UK</p>	<p>"We'll run ourselves into the ground, it's not sustainable." Mental health experiences of youth attending postsecondary institutions. Helen Vallianatos, University of Alberta, Canada</p>	<p><b>2.</b> Exploring cyberbullying from the perspective of young people. Rebecca Dennehy, University College Cork, Ireland</p>
<p>Embarrassment of riches: Youth mental health, poverty and social class. Kate Tilleczek, University of Prince Edward Island, Canada</p>	<p>Multiple perspectives on the academic experience of college students with mental health conditions. Amanda Costa, University of Massachusetts, USA</p>	<p><b>3.</b> Walk the talk: internship programs in youth mental health. Vivienne Browne, Orygen, Australia</p>
<p>Le Chéile (Together): Predictors of mental health and well-being in young adults with chronic illness. Ellis Hennessy, University College Dublin, Ireland</p>	<p>A day in the life of a university student: Supporting youth mental health in halls of residence. Rachel Piper, Student Minds, UK</p>	<p><b>4.</b> The 100 reasons challenge. Aoife Clerkin, Jigsaw, Ireland</p>
<p>The impact of adverse life events on mental health in a diverse sample of adolescents: initial findings from the REACH study. Stephanie Beards, King's College London, UK</p>	<p>Universities future-proofing youth mental health: Research confirms that offering mindfulness courses to students increases their well-being and resilience to stress. Juliete Galante, University of Cambridge, UK</p>	<p><b>5.</b> Transformation through co-production. Cathy Street &amp; Jane Sedgewick GIFT Partnership, UK</p>
<p>Towards reconciliation practice in the delivery of mental health services to Canadian Indigenous youth. Carolyn Tait, University of Saskatchewan, Canada</p>	<p>Construction of hierarchical models predicting depression and anxiety in 18-25 year old college students. Barbara Dooley, University College Dublin, Ireland</p>	<p><b>6.</b> Youth as partners in data and evaluation. David Murphy, Centerstone, USA</p>

<p>Young men as leaders in promoting healthy masculinity and positive mental health in the Balkans. John Crownover, CARE International Balkans</p>	<p>How digital technology removes stigma, increases access and improves outcomes for young people seeking mental health support. Aaron Sefi, XenZone, UK</p>	<p>Protecting youth mental health with cognitive bias modification: the effects of a cognitive training programme on adolescent anxiety. Cioldhna O'Connor, University College Dublin, Ireland</p>
<p>Queer peers 'come out' with youth-driven online support space. Charlie Cooper, headspace, Australia</p>	<p>Development and validation of an online clinical staging model for use in early intervention youth mental health service. Ian Hickie, University of Sydney, Australia</p>	<p>Predicting transition to eating disorder and identification of high-risk indices in young adolescents. Max Birchwood, University of Warwick, UK</p>
<p>Young LGBT people's mental health: findings from LGBTIreland Report. Agnes Higgins, Trinity College Dublin, Ireland</p>	<p>Coaching parents for better youth mental health outcomes: development of an online stepped care model. Sophie Potter, ReachOut Australia.</p>	<p>Effectiveness of an early intervention mood and anxiety program for emerging adults. Carolyn Summerhurst, London Health Sciences Centre, UK</p>
<p>Relationships, Role Models and rural LGBTI youth in Minnesota. Jo Rand, University of Minnesota, USA</p>	<p>Reachout Nextstep: co-designing an online help-seeking tool for young people. Kerrie Buhagiar, ReachOut Australia</p>	<p>Physical activity interventions for young people with depression. Alex Parker, Victoria University &amp; Orygen Youth Health, Australia</p>
<p>Gender Proofing Youth Mental Health Services: Responding to young women's mental health. Jacqueline Healy, National Women's Council Ireland</p>	<p>Mobile apps as data collection tools in youth mental health: an ecological momentary assessment study. Rachel Kenny, University College Dublin, Ireland</p>	<p>Exploring the factors associated with Irish parents' and peers' support-giving responses to an adolescent with depression. Sadhbh Byrne, Trinity College Dublin, Ireland</p>

**CONCURRENT 3** Lansdowne Room Table Top 1

<p><b>7.</b> Understanding readiness for mental health transitions from a standardized assessment and by listening to the voices of youth. Kristin Cleverley, Centre for Addiction and Mental Health, Canada</p>	<p><b>8.</b> Using co-design and participatory action research in evaluation. Magenta Simmons, Orygen, Australia</p>	<p><b>9.</b> The Jack.org Network and student-led mental health promotion. Jacob Halloran, Dalhousie University, Canada</p>	<p><b>10.</b> Youth Participation and engagement champions. Helen Nicoll, Orygen, Australia</p>	<p><b>11.</b> The role of engagement in future-proofing Jigsaw. John Williams, Jigsaw, Ireland</p>	<p><b>12.</b> Involving young people in youth mental health service delivery. Roisin Doolan, ReachOut Ireland</p>
<p><b>13.</b> Enabling peer-led mental health advocacy on campuses. Nisha Kumar, Health Promotion Board, Singapore</p>	<p><b>14.</b> Co-creating a mobile youth outreach service. Trish Kane, Brisbane North Primary Health Network, Australia</p>	<p><b>15.</b> CHOICES - Putting young people in the driving seat of their emotional wellbeing. Nick Barnes, University College London, UK</p>	<p><b>16.</b> If tea doesn't fix it, it must be serious. Aaron Galbraith, St Patrick's Mental Health Service, Ireland</p>	<p><b>17.</b> Safety and belonging critical to improve mental health and wellbeing for LGBTQIA+ Youth. Tabby Besley, InsideOUT, New Zealand</p>	<p><b>18.</b> Youth engaged research; applying the McCain Model of Youth Engagement to mental health research initiatives. Joshua Miller, Centre for addiction and mental health.</p>
<p><b>19.</b> CAMHS Communications Project – Ian Power, Executive Director of SpunOut</p>					

13:00-14:15	<p><b>LUNCH</b>, (Sussex Restaurant &amp; B-Bar)</p> <p><b>MARKETPLACE &amp; POSTER SESSION 1</b> (Pre-Function Area)</p>
14:15-15:15	<p><b>PLENARY 2: NAVIGATING CHANGE IN PRACTICE AND RESEARCH</b>, Pembroke and Herbert Rooms</p>
14:15-14:35	<p>Navigating change: How do professionals and young people navigate change in the mental health system and how to be more adaptable and responsive in an ever changing environment? <b>Swaran Singh.</b></p>
14:35-14:55	<p>Lived experience does not an expert or advocate make: the role of advocacy in future proofing youth mental health. <b>Lisa Butterly</b></p>
14:55-15:15	<p>Closing the gap between research and practice: Transitioning to a new model. <b>Barbara Dooley</b></p>
15:15-15:45	<p><b>COFFEE BREAK</b> (Pre-function area)</p>

CONCURRENT SESSIONS

<p><b>CONCURRENT 7</b> <b>Pembroke Room</b> Oral <b>Turning points and service transitions in young people's lives</b> <b>Chair: Steve Adelshiem. Co-Chair: Carles Cases-Gajete</b></p>	<p><b>CONCURRENT 8</b> <b>Herbert Room</b> Oral <b>Psychosis: risk factors, correlates and systems of care</b> <b>Chair: Dorien Nieman. Co-Chair: Marina Politis</b></p>	<p><b>CONCURRENT 9</b> <b>Lansdowne Room</b> Table Top 2 <b>Service innovation</b> <b>Chair: Michelle Blanchard</b></p>		<p><b>CONCURRENT 10</b> <b>Ulster Suite</b> Oral <b>Innovative methods in mental health research</b> <b>Chair: Rosie Purcell</b> <b>Co-Chair: Alyssa Fudge</b></p>	<p><b>CONCURRENT 11</b> <b>Meeting Room 1/2</b> Oral <b>Lessons from service evaluations</b> <b>Chair: Karen O'Connor</b> <b>Co-Chair: Logan Arnold</b></p>	<p><b>CONCURRENT 12</b> <b>Meeting Room 6</b> Lightning 1 <b>Chair: Barbara Dooley, Co. Chair: Ella Robinson-Clarke</b></p>
<p>Getting a job is good for your mental health: supporting young people into employment. Chris Harris, The Prince's Trust, UK</p>	<p>Client and caregiver perspectives of engagement at entry to a first-episode psychosis service: preliminary results of a longitudinal qualitative study. Rachel Tindall, Orygen, Australia</p>	<p><b>1.</b> Development of a new youth mental health service. Peadar Gardiner, Mindspace Mayo, Ireland</p>		<p>Development and validation of MyLifeTracker: A routine mental health outcome measure for young people aged 12 to 25 years. Benjamin Kwan, University of Canberra, Australia</p>	<p>Does a brief intervention model work? Evidence from jigsaw: the national centre for youth mental health. Aileen O'Reilly, Jigsaw, Ireland</p>	<p>Working out the future - Healthy active living to improve mental health outcomes. Philip Ward, School of Psychiatry, UNSW, Australia.</p>
<p>Exploring the experiences of young people and health-care professionals involved in transitions from forensic adolescent mental health services: a national qualitative study. Maria Livanou, University of Warwick, UK</p>	<p>Autism traits in individuals experiencing a first episode of psychosis: Associations with current psychotic symptoms, quality of life and functioning. Katherine Chisholm, University of Birmingham, UK</p>	<p><b>2.</b> Next-generation approaches for young men's mental health: Policy leadership from an Australian perspective. David Baker, Orygen, Australia</p>		<p>Predicting outcome in youth mental health with machine learning. Stephen Wood, Orygen, Australia</p>	<p>Evaluation of a new 0-25 youth mental health service. Andrew Thompson, University of Warwick, UK</p>	<p>Knowledge mobilization and mental health policy: lessons from the Canadian consensus conference on the mental health of emerging adults. Alison Mulvale, OCAD University Canada</p>
<p>Improving transitions in Europe for young people who need to move from child to adult mental health services – the MILESTONE project. Helena Tuomainen, University of Warwick, UK</p>	<p>"What is the point of life?": An interpretative phenomenological analysis of suicide in young men with first-episode psychosis. Ruchika Gajwani, University of Glasgow, UK</p>	<p><b>3.</b> 'Shout out for Youth Mental Health'. Knowledge exchange events as catalysts for young people's service transformation in West Midlands UK. Charlotte Connor, University of Warwick, UK</p>		<p>Knowledge and self-perceived confidence of clinicians in an Irish CAMHS service in working with transgender youth, and what they think will assist them in this work. Sinead Hodgins, Trinity College Dublin, Ireland</p>	<p>The young adult service: An evaluation of a comprehensive youth mental health service in Ireland. Paddy Power, St Patrick's Mental Health Services &amp; Trinity College Dublin, Ireland</p>	<p>The creation of Bean Bag Chat. Alicia Raimundo, Stella's Place, Canada</p>
<p>Individual Placement and Support in primary health care settings: challenges, risks and opportunities. Gina Chinnery, Orygen, Australia</p>	<p>Staging models and stepped care in youth mental health: do clinical high-risk symptoms matter during a first episode of psychosis?. Jai Shah, McGill University, Canada</p>	<p><b>4.</b> The mobilization of research-based evidence into service redesign. Giovanni Radaelli, Warwick Business School, UK</p>		<p>Identifying symptom interactions in real world data – a pragmatic networks approach to psychopathology using Transitions. Tim Spelman, Orygen, Australia</p>	<p>Achieving functional recovery through highly accessible, youth-friendly, integrated mental health services. Debra Rickwood, headspace, Australia</p>	<p>Motivations, expectations and experiences of peer workers in youth mental health settings: results of a longitudinal qualitative study. Andriana Giannettoni, Orygen, Australia</p>

<p>Fissures in transition: mental health policy and its relationship to the delivery of services for 16-25 year olds in the UK and Australia. Sarah-Jane Fenton, University of Warwick, UK</p>	<p>Keeping it real? Making a better early psychosis service system for young people through fidelity monitoring. Eoin Killackey, Orygen, Australia</p>	<p>5. Creating systems for early intervention and prevention. Deborah Judge, Youthing CIC, UK</p>
<p><b>CONCURRENT 9 Lansdowne Room Table Top 2</b></p>		
<p>6. Responsive service design in Hamilton, Ontario. Juliana Tobon, St Joseph's Healthcare Hamilton, Canada</p>	<p>7. Integrated collaborative care for youth with intersecting needs. Joanna Henderson, Centre for Addiction and Mental Health, Canada</p>	<p>8. Integrated care for dual diagnosis. Eddie Muller, Orygen, Australia</p>
<p>9. Future-proofing in Indigenous communities. Daphne Hutt-MacLeod, Eskasoni Mental Health Services, Canada</p>	<p>10. Development of a brave space for Canadian First Nation peoples. Carolyn Gaspar, University of Saskatchewan, Canada</p>	<p>11. A non-diagnostic approach to youth mental health. Lawrence Howells, NSFT, UK</p>
<p>12. CREW – Creativity for Recovery and Enabling Wellbeing. Nick Barnes, University College London, UK</p>	<p>13. The MindWise Project – helping teachers support and educate about mental health. Lucas Shelemy, University of Reading, UK</p>	<p>14. Description of a multi-component education program for youth mental health services. Caroline Crienjak, Orygen, Australia</p>
<p>15. A meaningful conversation: explaining youth mental health to intelligent machines so that they can explain it back (better) to us. Matthew Hamilton, Orygen, Australia</p>	<p>16. Workforce development in youth mental health: clinical placements in primary care. Liz Burgat, Orygen, Australia</p>	<p>17. Helping young people with mental ill health find sustainable and meaningful employment. Magenta Simmons, Orygen, Australia</p>

<p>Making research work for young adults: The Participatory Action Research Initiative. Kathleen Biebel, University of Massachusetts, USA</p>	<p>What happens after one session? Following up young people who access services but don't engage. Nic Telford, headspace, Australia</p>	<p>Triumphs and challenges: sharing reflections and learning on the development of a UK youth mental health service. Timothy Clarke, Norfolk &amp; Suffolk NHS Foundation Trust, UK</p>
<p><b>CONCURRENT 12 Meeting Room 6 Lightning 1</b></p>		
<p>Including young people in the 'Recovery College Model'. Aaron Galbraith, Dublin North/ North East Recovery College, Ireland</p>	<p>Self-stigma in first episode psychosis: a novel treatment approach. Mike Best, Queen's University Canada</p>	<p>Mentalwave - A mental health promotion partnership led by young consumers. Darlene Cole, Ballarat Health Services, Australia</p>
<p>Evaluation of the effectiveness of a school-based positive psychology intervention with transition year students on wellbeing and mental health outcomes. Alison Clarke, University College Dublin, Ireland</p>	<p>Adolescents' experiences with outpatient mental health care: A qualitative study in treatment dropout. Stig Bjønness, University of Stavanger, Norway</p>	<p>Peer coaches promoting academic success for college students with mental health conditions. Dori Hutchinson, University of Massachusetts, USA</p>
<p>Single session family consultation: a good fit for your mental health? Victoria Ryall, headspace, Australia</p>	<p>headspace: High quality teleweb support for families. Gretel O'Loughlin, headspace, Australia</p>	<p>I share therefore I am, an exploration of online self-disclosure on Facebook. Colman Noctor, St Patrick's Mental Health Services and Trinity College Dublin, Ireland</p>
<p>The development and impact of a co-produced digital education programme on children's nurses' knowledge, confidence and attitudes in providing care for children and young people who have self-harmed. Tim Carter, University of Nottingham, UK</p>	<p>Under the radar: The mental health of Australian university students. Vivienne Browne, Orygen, Australia</p>	<p>The Family Navigation Project: an innovation in supporting youth with mental health and/or addictions concerns and their families. Roula Markoulakis, Sunnybrook Health Sciences Centre, Canada</p>

## CONCURRENT 9 Lansdowne Room Table Top 2

**18.** The Next Step: preparing youth for life's next challenge.  
Nisha Kumar, Health Promotion Board Singapore

**19.** How to increase community capacity to support youth mental health.  
Lisa Lachance, CYCC Network, Dalhousie University, Canadaw

**20.** The use and impact of e-Learning trainings in mental health education,  
Dr. Manuela Ferrari Douglas, Mental Health University Institute

## CONCURRENT 12 Meeting Room 6 Lightning 1

Space for headspace: are we talking about the same thing?  
Rianne Klassen

18.00-19.00	<b>PLENARY FUTURE RETROSPECTIVE PANEL EVENT: Futureproofing youth mental health,</b> Pembroke and Herbert Rooms
19.00	Conference Close Day 1

CONFERENCE DAY 2

**Tuesday**

**26th September**

TIME	WHAT'S ON
08:00-09:00	Registration & Poster Set-Up, Ground Floor – Pre-function area
08:00-08:45	IAYMH Annual General Meeting [all IAYMH members encouraged to attend] Ulster Suite
09:00-09:05	<b>DAY 2 OPENING REMARKS</b> Pembroke and Herbert Rooms
09:05-10:15	<b>PLENARY 3 INCLUDING ALL VOICES</b> Pembroke and Herbert Rooms
09:05-09:25	Stepping up on Queer and Trans youth mental health <b>Fae Johnstone</b>
09:25-09:45	The mental health and wellbeing of refugee and newly arrived young people <b>Mina Fazel</b>
09:45-10:15	Panel Discussion. A conversation with <b>Fae Johnstone, Mina Fazel, Steve Mathias, Srividya Iyer, Nadera Abdul Aziz and Aleksa Matić</b>

10:15-10:45	<b>COFFEE BREAK</b> Pre-function area						
10:45-12:15	<b>CONCURRENT SESSIONS</b>						
	<p><b>CONCURRENT 13</b> <b>Pembroke Room</b> Oral <b>Peer support in action</b> <b>Chair: Danielle Kemmer</b> <b>Co-Chair: Aleksa Matic</b></p>	<p><b>CONCURRENT 14</b> <b>Herbert Room</b> Discussion Forum <b>Blending science and subjective experience in youth mental health care</b></p>	<p><b>CONCURRENT 15</b> <b>Lansdowne Room</b> Table Top 3 <b>Technology Chair: Helen Coughlan</b></p>		<p><b>CONCURRENT 16</b> <b>Ulster Suite</b> Oral <b>Designing youth mental health services: lessons from the field</b> <b>Chair: Gary Blau</b> <b>Co-Chair: Alexis Lahorra</b></p>	<p><b>CONCURRENT 17</b> <b>Meeting Room 1/2</b> Oral <b>Insights from young peoples' lived experiences</b> <b>Chair: Jason Trethowan, Co-Chair: Natalia Nogué-Serra</b></p>	<p><b>CONCURRENT 18</b> <b>Meeting Room 6</b> Oral <b>Intervening early: mental health promotion and school-based initiatives</b> <b>Chair: Sarah Brennan</b> <b>Co-Chair: Patrick Aidan Williams</b></p>
	<p>More than mentors: building emotional resilience across the capital. Nick Barnes, Community Links UK</p>	<p>What are the barriers to help-seeking for young people with mental health problems? Should expert by experience peer support play a bigger role in youth mental health services globally? In which situations is a formal ICD or DSM diagnosis helpful or harmful for help-seeking youth?</p>	<p><b>1.</b> YETI: Orygen's online Youth Engagement and Training Initiative Jacqui Faliszewski, Orygen, Australia</p>		<p>Collaborative leadership: integrating clinical and operational management in the delivery of a youth mental health service. Jeff Moore, Jigsaw, Ireland</p>	<p>Young people living with anxiety: a day in the life. Roberta Woodgate, University of Manitoba, Canada</p>	<p>Promoting adolescent wellbeing using the PERMA model. Rebecca Corr, University College Dublin, Ireland</p>
	<p>Best practice of youth engagement : an international collaborative approach. Eric Windeler, Jack.org, Canada</p>		<p><b>2.</b> eheadspace : working with complex clients within an online environment. Ashley Sheridan, Headspace, Australia</p>		<p>The benefits, challenges and opportunities of a trans-disciplinary model of service provision: lessons learned from Jigsaw services. Gillian O'Brien, Jigsaw, Ireland</p>	<p>It can be a bumpy ride : navigating school and work with a serious mental health condition. Kathryn Sabella, University of Massachusetts, USA</p>	<p>"Espai Jove.net: a space for mental health" a school-based mental health literacy program to promote mental health in adolescent population. Juan José Gil, Asociación Centre Higiene Mental Les Corts, Spain</p>
	<p>Building from within: the Jack Chapter approach to nation-wide youth engagement. Sarah Mughal, Jack.org, Canada</p>	<p>Which factors improve resilience and natural recovery? The session aims to candidly discuss with young people and conference participants these and other difficult questions in mental health care and capacity to create change. DISCUSSANTS: Dorien Nieman, Netherlands Rachel Piper, UK Shruthi Venkataraman, Canada Nick Fava, Australia Patrick McGorry, Australia</p>	<p><b>3.</b> Evaluating a brief online parenting intervention to prevent adolescent depression and anxiety disorders. Mairead Cardamone-Breen, Monash University, Australia</p>		<p>Future-proofing timely, high- quality, evidence-informed youth mental healthcare in Canada: The pan-Canadian ACCESS Open Minds initiative. Srividya Iyer, ACCESS Open Minds and McGill University, Canada</p>	<p>Youth perspectives in the treatment of anxiety: navigating the mental health system Matthew Munro, University of Prince Edward Island, Canada</p>	<p>Effects of a school-based, universal, resilience-focussed intervention on student mental health problems and resilience protective factors. Julia Dray, University of Newcastle, Australia</p>
	<p>Improving the future of young adult mental health outcomes through peer support training. Asante Haughton, Stella's Place, Canada</p>		<p><b>4.</b> Testing and evaluating MindMax, a mHealth app incorporating sports and video games to improve health and wellbeing. Vanessa Wan Sze Cheng, University of Sydney, Australia</p>		<p>Initial outline of a clinical stage and preferences based comprehensive youth mental health model of care. Matthew Hamilton, Orygen Australia</p>	<p>Early intervention: tools for taming dragons. Emma Castanier, University of Alberta, Canada</p>	<p>Associations between physical health, physical activity, and mental health among adolescents in inner-city London: the REACH study. Gemma Knowles, King's College London, UK</p>
							<p>Wellness Quest: a youth-led research project evaluating a tool developed by youth, for youth. Emma McCann, Centre for Addiction and Mental Health, Canada</p>



## CONCURRENT 15 Lansdowne Room Table Top 3

<p><b>5.</b> Effectiveness of a mobile app intervention in adolescents with first episode psychosis. Teresa Sanchez-Gutierrez, Facultad de Ciencias de la Salud, Universidad Internacional de La Rioja (UNIR), Spain</p>	<p><b>6.</b> Compassionate responding online with student listening service. A Curtis, Niteline Dublin, Ireland</p>	<p><b>7.</b> "How do you tune your mood?" Using music and technology in and beyond therapy. Carmen Cheong-Clinch, Project Tune your Mood, Australia</p>	<p><b>8.</b> Gaming against stigma: a qualitative study of mental illness messages in video games. Manuela Ferrari, Douglas Mental Health University Institute, Canada</p>	<p><b>9.</b> Using new and emerging technologies to design and develop an online clinical shared decision making tool for personalised mental health care. Elizabeth Scott, Brain and Mind Centre, University of Sydney, Australia</p>	<p><b>10.</b> Digital media &amp; youth mental health: youth, parent, and service provider perspectives. Brandi Bell, University of Prince Edward Island, Canada</p>
<p><b>11.</b> Comparison of online learning and engagement in a youth mental health training initiative. Caroline Crienjak, Orygen, Australia</p>	<p><b>12.</b> Bro-Talk: kids help phone's support zone for teen guys. Ailsa Simon, Kids Help Phone, Canada</p>	<p><b>13.</b> headspace digital work and study service. Carolyn Watts, headspace, Australia</p>	<p><b>14.</b> Youth-engaged research: applying the McCain Model of Youth Engagement to mental health research initiatives. Joshua Miller, Centre for Addiction and Mental Health, Canada</p>	<p><b>15.</b> Implementing Data Collection for ACCESS Open Minds: Bringing Care Closer, MS. Daphne Hutt-Macloed, Eskasoni Mental Health Services</p>	<p><b>16.</b> Advocacy-Nothing to do with avocados! Madge O'Callaghan, St. Patrick's Mental Health Services, Ireland.</p>
<p><b>17.</b> Evaluating the effectiveness of the Mindout social and emotional wellbeing programme in disadvantaged post- primary education. Katherine Dowling, National University of Ireland Galway, Ireland</p>					

**12:15-13:15** **LUNCH**, (Sussex Restaurant and B-Bar)  
**MARKETPLACE & POSTER SESSION 2** Pre-function Area

**13:15-14:45** **CONCURRENT SESSIONS**

<p><b>CONCURRENT 19</b> <b>Pembroke Room</b> Oral <b>Suicide and self-harm intervention and prevention</b> <b>Chair: Joseph Duffy</b> <b>Co. Chair: Karen Conlon</b></p>	<p><b>CONCURRENT 20</b> <b>Herbert Room</b> Lightning 2 <b>Chair: Debra Rickwood,</b> <b>Co-Chair: Aisling Curtis</b></p>	<p><b>CONCURRENT 21</b> <b>Lansdowne Room</b> Table Top 4 <b>Experiences, needs and support</b> <b>Chair: Craig Hodges</b></p>	<p><b>CONCURRENT 22</b> <b>Ulster Suite</b> Oral <b>Youth participation in practice</b> <b>Chair: Ashok Malla</b> <b>Co-Chair: Kirsten Funk</b></p>	<p><b>CONCURRENT 23</b> <b>Meeting Room 1/2</b> Oral <b>Future direction and imperatives for policy and action</b> <b>Chair: Ellis Hennessy</b> <b>Co-Chair: Courtney Smyth</b></p>	<p><b>CONCURRENT 24</b> <b>Meeting Room 6</b> Lightning 3 <b>Chair: Nicola Byrom</b> <b>Co-Chair: Alba Coll-Casellas</b></p>
<p>The impact of adolescent cannabis use, mood disorder and education on attempted suicide in young adulthood. Mary Clarke, Royal College of Surgeons in Ireland</p>	<p>Talk or text? Patterns and challenges associated with face-to-face and electronic communication in youth at-risk for and in the first episode of psychosis. Christopher Bowie, Queen's University, Canada</p>	<p><b>1.</b> TeachMentalHealth.org: a mental health literacy curriculum for pre-service teachers. Susan Rodger, Western University, Canada</p>	<p>Youth participation in action: an organisation-wide approach. Jacqui Faliszewski, Orygen, Australia</p>	<p>Integrated youth mental health care: doing more with what we know. Ian Manion, Institute of Mental Health Research, Canada</p>	<p>General practitioners' clinical expertise in managing suicidal young people: implications for continued education. Maria Michail, University of Nottingham, UK</p>

Who presents to the Emergency Department with self-harm and what are the barriers to delivering optimal care? Jo Robinson, Orygen, Australia	Debating mental health. Laura Tyrell, South West London and St George's NHS Mental Health Trust, UK	<b>2.</b> Community engagement to tackle research challenges on mental health of children and adolescents. Raphaela Kaisler, Ludwig Boltzmann Gesellschaft, Austria
Raising the bar for youth suicide prevention. Vivienne Browne, Orygen, Australia	Building psychological capital, enhancing psychological well-being, and alleviating distress in young people. Andrea Branley, National University of Ireland Galway, Ireland	<b>3.</b> Young people's concept of treatment pressures in mental health care settings. Rikki Battersby, Orygen, Australia
Emerging trends in hospital-treated self-harm among children, adolescents and young adults. Eve Griffin, National Suicide Research Foundation, Ireland	Development and piloting of youth and parent/carer satisfaction surveys in Jigsaw: an early intervention service. Alanna Donnelly, Jigsaw, Ireland	<b>4.</b> What helps young people during and following a mental health inpatient stay? Claire Hayes, The University of Melbourne, Australia
<b>CONCURRENT 20</b> <b>Herbert Room</b> Lightning 2		<b>5.</b> Swords Youth Study: distinct clinical profiles of young versus older adults referred to a general adult community mental health service. Eric Roche, Royal College of Surgeons in Ireland
Using virtual worlds to deliver therapy in psychosis. Andrew Thompson, University of Warwick, UK	Trans and non-binary: a public awareness campaign. Lisa McKenny, BeLonGto Youth Services, Ireland	
Short to medium term predictors of illness severity and quality of life among young people after their first episode of mania. Aswin Raathesh, Orygen, Australia	Sharing stories safely: 3 years of learnings from the Jack Talks program. Sarah Mughal, Jack.org, Canada	<b>6.</b> Demonstration of experience mapping from child to adult mental health services. Gillian Mulvale, McMaster University, Canada

Addressing health inequalities: co-producing mental health services with excluded young people in the community: the INTEGRATE approach. Sally Zlotowitz, MAC-UK	Prevention of mental illness: what do we know and how far can we go? Paul Patterson, Forward Thinking Birmingham and University of Warwick, UK	I AM BEAST: Engaging young people in a dialogue about mental health through drama. Nick Barnes, University College London, UK
'If I could see on a piece of paper options for treatment that would just be insane': shared decision making in youth mental health. Magenta Simmons, Orygen, Australia	A national research priorities and implementation framework for youth mental health research in Australia: an update. Jo Fitzsimons, Orygen, Australia	Rare voices: enabling young people with the rare genetic disorder 22q11.2DS to have their mental health needs heard. Lorna Kerin, Queen's University Belfast, UK
Youth voice, community engagement and collaboration with the justice system: key ingredients in tackling urgent youth-related challenges in remote Inuit communities in Canada. Aileen McKinnon, ACCESS Open Minds Puvirnitug, Canada	The next stage for early intervention: trans-diagnostic, personalized, universal. Patrick McGorry, Orygen, Australia	Exploring mental health and technology use among hard to reach groups of young people. Roisin Doolan, ReachOut Ireland
ACCESS Open Minds: thriving in a national youth Council. Alyssa Frampton-Fudge, ACCESS Open Minds National Youth Council, Canada		ADHD: is there an app for that? David Hogan, University College Dublin, Ireland
		Project Synergy: providing the right care, at the right place, first time, every time. Ian Hickie, University of Sydney, Australia

<p>Are two heads better than one? Facing the challenge of dual service delivery - co-located federal headspace youth early psychosis program and state-funded early intervention in psychosis programs. Daniel Pellen, Nepean Blue Mountains Local Health District, Australia</p>	<p>Guidelines and interventions to address the physical health of young people affected by mental health disorders. Brian O'Donoghue, Orygen, Australia</p> <p>"It gives me so much each time": a mixed methods study exploring how youth have benefitted from psychosis. Gerald Jordan, ACCESS Open Minds and McGill University, Canada</p>	<p><b>7.</b> Pathways to care. Rebecca Nelson, University of Glasgow, UK</p> <p><b>8.</b> Service disengagement in minority groups receiving treatment for psychosis. Anika Maraj, McGill University, Canada</p>
<p>Jack.org: A nationwide model for youth capability building and action. Sarah Mughal, Jack.org, Canada</p>	<p>Age specific brain structural changes in major depressive disorder (MDD): findings from the ENIGma-MDD working group. Liane Schmall, Orygen, Australia</p>	<p><b>9.</b> The characteristics and service needs of youth with mental health and/or addiction issues and their families. Roula Markoulakis, Sunnybrook Health Sciences Centre, Canada</p>
<p>Service Improvements in CAMHS, Sarah Hennessy, Service Improvement Lead - Mental Health</p>	<p>Eating Disorders in Youth, New National Clinical Program, Dr. Sara McDevitt, University College Cork</p>	<p><b>10.</b> Building the policy case to "future-proof" youth mental health. Jai Shah, McGill University, Canada</p>
<p>Can social media play a positive role for young adults with eating disorders? an investigation of the mixed impact of social media use. Anna -Sophia Warren, King's College London, UK</p>	<p>LifeSkills: Implementation and Outcomes. Lauren Spiers, Barnardo's UK</p>	<p><b>11.</b> Exploring functional impairment in young people at ultra-high risk for psychosis: a qualitative study. Alison Yung, University of Manchester, UK</p>

<b>CONCURRENT 24 Meeting Room 6 Lightning 3</b>		
<p>Risky sex behaviours among college students in Ireland: The psychosocial profile. Barbara Dooley, University College Dublin, Ireland</p>	<p>The physical health and lifestyle of young people at ultra-high risk for psychosis. Rebekah Carney, University of Manchester, UK</p>	<p>Young men's access to community-based mental health care: qualitative analysis of barriers and facilitators. Simon Rice, Orygen, Australia</p>
<p>Language function in adolescents with subclinical psychotic symptoms. Conor McCandless, Royal College of Surgeons in Ireland</p>	<p>Youth peer support: lived experience as a basis to employment. Sarah Irving, Foundry, Canada</p>	<p>Good practice in the provision of mental health services and supports for children and young people and the role of e-mental health in responding to these needs. Kate Mitchell, Mental Health Reform, Ireland</p>
<p>Teacher capacity to respond to student mental health issues: an Irish perspective. Jennifer McMahon, University of Limerick, Ireland</p>	<p>Effects of early life adversity on immune function and cognitive performance in youths with and without experience of psychotic symptoms. Gary Donohoe, National University of Ireland Galway, Ireland</p>	<p>Little Things Can Improve Your Mental Health. Emer Clarke, Campaign Lead for Mental Health Communications</p>

**CONCURRENT 21 Lansdowne Room Table Top 4**

<p><b>12.</b> Predisposition to aberrant experiences: An investigation using transcranial direct current stimulation. Rachel Marchant, Birmingham University, UK</p>	<p><b>13.</b> Angry Young Men: using an interpersonal formulation of anger to help bring about change. Peter Cairns, Norfolk and Suffolk NHS Foundation Trust. UK</p>	<p><b>14.</b> Strength and Skills for Wellness: an adapted DBT approach for youth mental health. Miriam McLaughlin, Stella's Place, Canada</p>	<p><b>15.</b> Developing the effectiveness of clinical and cognitive assessment with personalised feedback. Ashleigh Tickell, University of Sydney, Australia</p>	<p><b>16.</b> What do young people at risk for psychosis need? Sarah McIlwaine, McGill University, Canada</p>	<p><b>17.</b> The relationship between physical activity, mental health, perceived health and happiness in a representative sample of third level students in Ireland Joseph J Murphy, University of Limerick, Ireland</p>
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## CONCURRENT 21 Lansdowne Room Table Top 4

**18.** Using sport to further our understanding of mental health stigma.  
Jessie Barr, University of Limerick, Ireland

**19.** Moving beyond gamification to video game use in the design of new and emerging technologies for mental health and wellbeing.  
Vanessa Wan Sze Cheng, University of Sydney, Australia

**20.** Seeing the gap: Improving organisational knowledge about Aboriginal and Torres Strait Islander perspectives on mental health through engagement with health professionals.  
David Baker, Orygen, Australia

**21.** Maximizing internal networks to create job opportunities for young people.  
Gina Chinnery, Orygen, Australia

14:45-15:15	<b>COFFEE BREAK</b> Pre-function area
15:15-16:15	<b>PLENARY 4: RESEARCH TRENDS AND ADVOCACY</b> Pembroke and Herbert Rooms
15:15-15:35	Not "everyone was pleased": reflections on advocating for children and young people's mental health in education policy and practice <b>Natasha Devon</b>
15:35-15:55	Emerging trends in technology for young people's mental health and wellbeing <b>Mario Alvarez</b>
15:55-16:15	The developing Youth Brain: What have we learned so far and can it ever provide clinically useful information. <b>Nick Allen</b>
16:15-16:35	<b>LOCK NOTE ADDRESS: Tony Bates and Rachel Piper</b>
16:35-16:45	<b>PRIZE GIVING &amp; CONFERENCE CLOSE</b>
16:45	<b>Conference concludes</b>